



Tour distances: cycling ~341 km /213 mi.,
by coach/minibus ~1107 km, by boat ~14 km
11 days / 10 nights

TOUR INFORMATION

Cycling grade:

We rate this trip Easygoing to Moderate. Daily biking routes mainly on low traffic roads and cycle paths. The terrain is varied and rolling with some gradual hills on some riding days (some steep ups and downs in the Gauja River valley & Otepää region) and dead flat most of the tour.

Arrival & departure information /Transfers

Airports: Tallinn/ Vilnius

Transfers: (price for one way up to 3 people)
From Tallinn/ to Vilnius Airport 30,- Euro

ACCOMMODATION

3–4* middle-range hotels

2020 TOUR DATES*

Every Wednesday from May 27 to September 2, 2020

*This tour is available on any other date May–September with min. 4 people!

TOUR PRICES

Price in double/twin room per person 1155,- Euro
Price in single room 1545,- Euro

THE TOUR INCLUDES:

- o 10 nights stay in hotels (rooms with WC/shower)
- o 10 x breakfast
- o Guided city tours in Tallinn, Riga and Vilnius
- o Transfers as per itinerary by air-conditioned minibus
- o Luggage transport
- o Boat trips across the Curonian Lagoon from Nida
- o Individual information package (one per room)
- o GPS Tracks

Optional extras (price per person):

- o Rent of trekking bike with a back pannier 99,- Euro
- o Rent of E-bike/Pedelec with a pannier 280,- Euro
- o Half board (6 x 3-course dinners, except capital cities) 149,- Euro
- o Pre/post-tour accommodation in Tallinn 4* / Vilnius 3* (with breakfast)
Double/twin room 55,- Euro/ 45,- Euro
Single room 99,- Euro/80,- Euro

Discounts for extra bed in double/twin room

Children under 5 yrs. old – free of charge, from 5 yrs. old – 25 %

Minimum group size – 2 or 4 people

Cycle the Baltics

with National Parks of Lahemaa & the Curonian Spit



11 days self-guided cycling tour from Tallinn to Vilnius (Code SG7)

The Baltic coast and National Parks of Estonia, Latvia and Lithuania explored on very scenic routes, including the three capital cities – Tallinn, Riga and Vilnius – with their old towns designated by UNESCO as World Heritage Sites. Featuring the National Park Lahemaa, Otepää Lakeland, the beautiful Gauja River valleys and the Curonian Spit which was previously closed to visitors; nowadays it is often called the Lithuanian Sahara. This trip is a self-guided one, but the whole route, except Jurmala and the Curonian Spit, you will be accompanied by a minibus with bike trailer, your luggage will be transported from hotel to hotel, and you can take part in city tours lead by professional guides.

Day 1: Arrive to Tallinn

Individual arrival in Tallinn. Guided city tour. Overnight in Tallinn.

Switzerland“. Transfer to Sigulda, in Latvia for overnight. (Cycle ~28 km, bus ~235 km)

grey herons and cormorants; explore the “Dead” sand dunes on foot. Overnight in Nida. (Cycle ~57 km)

Day 2: National Park Lahemaa

Meeting with your driver. After bus transfer you shall begin your first bike trip through National Park Lahemaa, which is one of the last unspoiled regions of the Baltic coast. Overnight in Sagadi.(Cycle ~53 km, bus ~90 km)

Day 5: Gauja National Park & Riga

Cycling through Gauja National Park, en route enjoy spectacular views of the Gauja River valley with Gutmana Cave, Turaida castle and the oldest church in Latvia (1205). Afternoon transfer to Riga, where a guided tour of the charming Old Town awaits. Overnight in Riga. (Cycle ~17 km, bus ~50 km)



Day 9: Crossing the Curonian Lagoon

Take a morning boat across the Curonian Lagoon to the continent (~1.5 hrs). Cycle to Ventė Cape to explore bird observatory and the 19thC lighthouse. Transfer by bus along the Nemunas River to Kaunas (overnight). (Cycle ~31 km, bus ~185 km, boat ~14 km)



Day 3: Along Lake Peipsi to Tartu

Morning transfer by bus to Mustvee. Cycle along Peipsi lake to Varnja. You reach your hotel after bus transfer to Tartu, a famous university town. (Cycle ~50 km, bus ~160 km)

Day 6: Riga & Jurmala Beach,

The morning is free to explore Riga. Then cycle on a bike path to Jurmala, the largest resort in the Baltic States. You may cycle along the beach and bath in the sea – its well worth it! Take a train back to Riga (30 min) for overnight. (Cycle ~35 km, train ~25 km)



Day 4: Through the „Estonian Switzerland“ to Sigulda

After bus transfer to Otepää, a lovely place with many lakes, start your cycling through the so-called „Estonian

Day 7: Hill of Crosses & the Seaside Cycle Route

Transfer by bus to Lithuania Seaside. En-route stop at the Hill of Crosses, the unforgettable sight with thousands of crosses on two small hills. Cycle along the Baltic Coast to Klaipėda, en route stop in Palanga (Botanical Park & Amber Museum). Overnight in Klaipėda. (Cycle ~42 km or 32 km, bus ~290 km).

Day 8: Curonian Spit National Park

Crossing the lagoon by ferry and cycling along the Curonian Spit to Nida, one of the most beautiful resorts in Lithuania. En route you can visit the Hill of Witches, watch a colony of

Day 10: Trakai island castle & capital Vilnius

Minibus transfer to the Lake District where start cycling through picturesque countryside on gentle hills. Arrive in Trakai, the former capital of the Grand Duchy of Lithuania. Finish the tour with a transfer to Vilnius and guided tour of the Old Town. (Cycle ~20 km, bus ~97 km)



Day 11: Tour ends in Vilnius

Individual departure after breakfast.