

SELF-GUIDED CYCLING TOUR ALONG THE LITHUANIAN SEASIDE

8 days / 7 nights, from/to Klaipėda

The Baltic Sea coast in Lithuania with Palanga Resort and the Curonian Spit National Park, designated by UNESCO as a World Heritage Site, explored individually by bicycle on very scenic cycling routes. Experience traditional Lithuanian country life when cycling with storks in the Nemunas River Delta region. This tour partly covers the Seaside Cycle Route which is still only officially signposted, good quality cycle route in Lithuania. The tour begins & ends in the historic coastal town of Klaipėda (known as Memel for many years) which boasts a rich, turbulent history from 13thC. Nowadays, it's a bustling, modern town offering many excellent leisure options ranging from history tours, to water sports. There's a wide range of cafes & restaurants & many annual festivals, e.g. jazz, folklore. You can choose to spend extra nights here either at the beginning or end of the tour. During the tour you will spend 2 nights in Nida, the largest settlement on the Curonian Spit. It's the perfect place to enjoy a relaxing seaside break or explore on foot, by cycle or canoe its unique surroundings; its geology, birdlife, the influence of the Lagoon etc.



Cycling grade: We rate this trip Easygoing to Moderate. You will cycle on low traffic roads (a few stretches on gravel/sandy road) and separate cycle paths (half of the tour), including the Lithuanian Seaside Cycle Route. The terrain is dead flat most of the tour, except a few hills on the Curonian Spit.

Arrival & departure information

Ferry terminal: Klaipėda (DFDS ferries from Kiel, Germany & Karlshamn, Sweden; TT-Line ferries from Travemünde/Rostock, Germany & Trelleborg, Sweden)

Airport: Klaipėda/Palanga (35 km/22 mi. away from Klaipėda, www.palanga-airport.lt). Regular flights from Copenhagen (DK), Riga (LV), London Luton (GB) & London Stanstead (GB). Due to many connecting flights (SAS, Air Baltic) it is easy to reach this airport from many cities in Europe via Copenhagen and Riga.

Parking: car parking is available in fenced car parking lot close to the hotel for extra charge.

Tour code:	From Wednesday*	To Wednesday	Price per person in EUR (3* hotels x 7 nights)	Price per person in EUR (3* hotels x 4 nights + 4* hotel in Klaipėda x 3 nights)
25/SG1-16-III	May 21	May 28	DBL 625 SGL 985	DBL 695 SGL 1085
25/SG1-17-III	May 28	June 4	DBL 625 SGL 985	DBL 695 SGL 1085
25/SG1-18-III	June 4	June 11	DBL 625 SGL 985	DBL 695 SGL 1085
25/SG1-20-III	June 18	June 25	DBL 695 SGL 1055	DBL 770 SGL 1160
25/SG1-21-III	June 25	July 2	DBL 695 SGL 1055	DBL 770 SGL 1160
25/SG1-22-III	July 2	July 9	DBL 695 SGL 1055	DBL 770 SGL 1160
25/SG1-23-III	July 9	July 16	DBL 695 SGL 1055	DBL 770 SGL 1160
25/SG1-24-III	July 16	July 23	DBL 695 SGL 1055	DBL 770 SGL 1160
25/SG1-25-III	July 23	July 30	DBL 695 SGL 1055	DBL 770 SGL 1160
25/SG1-26-III	July 30	August 6	DBL 695 SGL 1055	DBL 770 SGL 1160
25/SG1-27-III	August 6	August 13	DBL 695 SGL 1055	DBL 770 SGL 1160
25/SG1-28-III	August 13	August 20	DBL 695 SGL 1055	DBL 770 SGL 1160
25/SG1-29-III	August 20	August 27	DBL 695 SGL 1055	DBL 770 SGL 1160
25/SG1-30-III	August 27	September 3	DBL 625 SGL 985	DBL 695 SGL 1085
Tour code:	From Thursday*	To Thursday	Price per person in EUR (3* hotels x 7 nights)	Price per person in EUR (3* hotels x 4 nights + 4* hotel in Klaipėda x 3 nights)
25/SG1-16-IV	May 22	May 29	DBL 625 SGL 985	DBL 695 SGL 1085
25/SG1-17-IV	May 29	June 5	DBL 625 SGL 985	DBL 695 SGL 1085
25/SG1-18-IV	June 5	June 12	DBL 625 SGL 985	DBL 695 SGL 1085
25/SG1-20-IV	June 19	June 26	DBL 695 SGL 1055	DBL 770 SGL 1160
25/SG1-21-IV	June 26	July 3	DBL 695 SGL 1055	DBL 770 SGL 1160
25/SG1-22-IV	July 3	July 10	DBL 695 SGL 1055	DBL 770 SGL 1160
25/SG1-23-IV	July 10	July 17	DBL 695 SGL 1055	DBL 770 SGL 1160
25/SG1-24-IV	July 17	July 24	DBL 695 SGL 1055	DBL 770 SGL 1160
25/SG1-25-IV	July 24	July 31	DBL 695 SGL 1055	DBL 770 SGL 1160
25/SG1-26-IV	July 31	August 7	DBL 695 SGL 1055	DBL 770 SGL 1160
25/SG1-27-IV	August 7	August 14	DBL 695 SGL 1055	DBL 770 SGL 1160
25/SG1-28-IV	August 14	August 21	DBL 695 SGL 1055	DBL 770 SGL 1160
25/SG1-29-IV	August 21	August 28	DBL 695 SGL 1055	DBL 770 SGL 1160
25/SG1-30-IV	August 28	September 4	DBL 625 SGL 985	DBL 695 SGL 1085

* The tour can be started on any other dates May-September on request for the same Low season (01.05 - 15.06 & 27.08 - 30.09.2025) or High season (16.06 - 26.08.2025) rates:

- with minimum 4 people when a scheduled boat across the Curonian Lagoon is available;
- or with minimum 6 people when a charter boat across the Curonian Lagoon is booked.



ITINERARY – from/to Wednesday

(~253 km/158 mi., by minivan/bus ~ 40 km/25 mi./40 min,
by boat ~ 14 km/9 mi.)

Day 1 Wednesday: KLAIPĖDA

Arrive in Klaipėda. Individual transfer to the hotel (not included).
Check-in and optional dinner at the hotel.

OVERNIGHT: Klaipėda;

HOTEL: THE **OLD MILL***** www.oldmillhotel.lt or

NATIONAL**** <http://nationalhotel.lt/> or similar

Day 2 Thursday: Along the Seaside Cycle Route to Palanga Resort (~58 km/36 mi.)

9:00 a.m. information meeting at your hotel where you will be greeted by a BALTIC BIKE TRAVEL representative. Cycle along the Lithuanian Seaside Cycle Route to Palanga resort. The route leads you through Giruliai Forest and the Seaside Regional Park, a former soviet military polygon area. En route explore the Dutchman's Cap – a 24-meter-high coastal cliff and Plazė Lake. In Palanga you can visit the Botanical Park and Amber Museum, explore J.Basanavičius pedestrian street with many cafes & restaurants and the 470 m pier heading into the Baltic Sea. Return to Klaipėda using the same or slightly different route. Optional dinner at the hotel.

OVERNIGHT: Klaipėda; HOTEL: THE **OLD MILL***** www.oldmillhotel.lt or **NATIONAL****** <http://nationalhotel.lt/> or similar



Day 3 Friday: Cycling with storks on country roads to Šilutė (~47 km/29 mi., by minibus ~40 km)

Take a short transfer by minibus to the inland and start your cycling ride on picturesque country roads to Šilutė. This region has one the largest population of storks in Europe. The White Stork truly deserves its place as Lithuanian's national bird. En route stop in Švėkšna village to explore the estate with its beautiful park and impressive neo-gothic church of St.Jacob the Apostle. Arrival in Šilutė, check-in and optional dinner at the hotel.

OVERNIGHT: Šilutė; HOTEL: **GILJA***** www.silutesgilija.lt or similar.

Day 4 Saturday: RUSNĖ Island & the NEMUNAS River Delta (~ 47 km/29 mi.)

Explore Šilutė town and go for a return ride to Rusnė Island, which is the only Lithuania's island located in the Nemunas River Delta Regional Park. Be sure to visit Rusnė village and find a new monument of famous Indian leader Mahatma Gandhi and his intimate friend Hermann Kallenbach. From there you can see the Russian oblast of Kaliningrad just 100 metres across the Nemunas river. Cycle around the island and explore its wild nature and beautiful views from birdwatching towers and the 19th C lighthouse in Uostadvaris Harbour. Optional dinner at the hotel.

OVERNIGHT: Šilutė; HOTEL: **GILJA***** www.silutesgilija.lt or similar.

Day 5 Sunday: Cycling to VENTĖ Cape & crossing the Curonian Lagoon to NIDA (~33 km/21 mi., by boat ~14 km/9 mi.)

Cycle to Ventė Cape where you may visit a museum of ornithology and one of the first bird ringing stations in Europe, the 19th C lighthouse which has a panoramic view of the unique landscape - glistening waters of the Curonian Lagoon and the great sand dunes. Today, one million birds pass through Ventė Cape each migratory year. Take a boat to cross the Curonian Lagoon. Arrival in Nida followed by a bike ride to the hotel. Check-in and optional dinner at the hotel.

OVERNIGHT: Nida; HOTEL: **NERIJA***** www.neringahotels.lt/nerija_en.html or similar.

Day 6 Monday: NIDA – leisure time by the Baltic Sea (~10 km/6 mi.)

Free day to explore Nida which is a former old fishermen's village on the Curonian Spit washed by the Baltic Sea on one side and the Curonian Lagoon on the other. Today Nida is the largest settlement in Neringa region and one of the most beautiful resorts in Lithuania. Cycle or walk along impressive sand dunes, visit the most popular places of interest – the Fisherman's House, the summer house of famous German writer Thomas Mann and the Amber Gallery. Optional dinner at the hotel.

OVERNIGHT: Nida; HOTEL: **NERIJA***** www.neringahotels.lt/nerija_en.html or similar.

Day 7 Tuesday: Along sand dunes of the Curonian Spit NIDA-JUODKRANTĖ-KLAIPĖDA (~58 km/36 mi.)

Follow an asphalt bike path of the Seaside Cycle Route which takes you along the Curonian Spit to Klaipėda. En route you can stop to explore on foot the "Dead" sand dunes, watch a colony of grey herons and cormorants, visit the Hill of Witches which houses a hundred fanciful and folksy wooden sculptures of Lithuanian legends scattered along a forest path, or just relax, swim in the Baltic Sea and take the sun on golden beaches. Finally, take a local ferry from Smiltynė to the Old Town of Klaipėda and cycle to the hotel. Check-in and optional dinner at the hotel.

OVERNIGHT: Klaipėda; HOTEL: THE **OLD MILL***** www.oldmillhotel.lt or **NATIONAL****** <http://nationalhotel.lt/> or similar

Day 8 Wednesday: KLAIPĖDA

Breakfast at the hotel. End of the tour. It is possible to extend your stay in Lithuania.

ITINERARY – from/to Thursday

(~253 km/158 mi., by minivan/bus ~ 40 km/25 mi./40 min.,
by boat ~ 14 km/9 mi.)

Day 1 Thursday: KLAIPĖDA

Arrive in Klaipėda. Individual transfer to the hotel (not included).
Check-in and optional dinner at the hotel.

OVERNIGHT: Klaipėda;

HOTEL: THE OLD MILL*** www.oldmillhotel.lt or

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OVERNIGHT: Šilutė; HOTEL: GILJA*** www.silutesgilija.lt or similar.

Day 3 Saturday: RUSNĖ Island & the NEMUNAS River Delta (~ 47 km/29 mi.)

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OVERNIGHT: Šilutė; HOTEL: GILJA*** www.silutesgilija.lt or similar.

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OVERNIGHT: Nida; HOTEL: NERIJA*** www.neringahotels.lt/nerija_en.html or similar.

Day 5 Monday: NIDA – leisure time by the Baltic Sea (~10 km/6 mi.)

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OVERNIGHT: Klaipėda; HOTEL: THE OLD MILL*** www.oldmillhotel.lt or NATIONAL**** <http://nationalhotel.lt/> or similar

Day 7 Wednesday: Along the Seaside Cycle Route to Palanga / KLAIPĖDA-PALANGA Resort -KLAIPĖDA, (~58 km/36 mi.)

Cycle along the Lithuanian Seaside Cycle Route to Palanga resort. The route leads you through Giruliai Forest and the Seaside Regional Park, a former soviet military polygon area. En route explore the Dutchman's Cap – a 24-meter-high coastal cliff and Plazė Lake. In Palanga you can visit the Botanical Park and Amber Museum, explore J.Basanavičius pedestrian street with many cafes & restaurants and the 470m pier heading into the Baltic Sea. Return to Klaipėda using the same or slightly different route. Optional dinner at the hotel.

OVERNIGHT: Klaipėda; HOTEL: THE OLD MILL*** www.oldmillhotel.lt or NATIONAL**** <http://nationalhotel.lt/> or similar

Day 8 Thursday: KLAIPĖDA

Breakfast at the hotel. End of the tour. It is possible to extend your stay in Lithuania.



THE TOUR INCLUDES:	THE TOUR EXCLUDES:
<ul style="list-style-type: none"> - 7 nights stay at the hotels including all hotel taxes - Breakfast daily - Luggage transport Klaipėda – Šilutė, Šilutė – harbour – Nida & Nida – Klaipėda - Transfer by minibus Klaipėda – Veiviržėnai - Boat trip across the Curonian Lagoon to Nida - Individual information package (city guide, maps, program & route description) - GPS Tracks - Emergency contact numbers 	<ul style="list-style-type: none"> - Arrival and departure transfers - Bicycle rent - Lunches & dinner - Tips

OPTIONAL EXTRAS:

A. TRANSFERS

- Arrival transfer by car (1-3 people) – 79 EUR per transfer (Palanga Airport) or 59 EUR per transfer (Klaipeda central ferry terminal);
- Departure transfer by car (1-3 people) – 69 EUR per transfer (Palanga Airport) or 49 EUR per transfer (Klaipeda central ferry terminal);
- Arrival transfer by minivan (4-7 people) – 110 EUR per transfer (Palanga Airport) or 79 EUR per transfer (Klaipeda central ferry terminal);
- Departure transfer by minivan (4-7 people) – 99 EUR per transfer (Palanga Airport) or 69 EUR per transfer (Klaipeda central ferry terminal);

B. RENTAL

- Rental of trekking bicycle (KTM, VDV) with 8-speed Shimano Nexus hub gears & back-pedal break or 24-speed Shimano derailleur gears & free-wheel (optionally), equipped with a waterproof back pannier (20 litres, Ortlieb) – 79 EUR per person, 13 EUR for extra day
- Rental of trekking bicycle (KTM, VDV) with 8-speed Shimano Nexus hub gears & back-pedal break or 24-speed Shimano derailleur gears & free-wheel (optionally), equipped with a waterproof back pannier (20 litres) + **handlebar bag with map/smartphone holder (Ortlieb) + tachometer** – 89 EUR/person, 15 EUR for extra day



- Rental of E-bike/Pedelec with Bosch driving system (VDV) equipped with a waterproof back pannier (20 litres) – 179 EUR per person, 29 EUR for extra day
- Rental of E-bike/Pedelec with Bosch driving system (VDV) equipped with a waterproof back pannier (20 litres) + **handlebar bag with map/smartphone holder (Ortlieb)** – 189 EUR/person, 30 EUR for extra day



- Rental of Y-Tandem bike (Panther) for two people equipped with a pair of waterproof back panniers (2 x 20 litres) – 179 EUR, 29 EUR for extra day
- Rental of Y-Tandem bike (Panther) for two people equipped with a pair of waterproof back panniers (2 x 20 litres) + **handlebar bag with map/smartphone holder (Ortlieb) + tachometer** – 189 EUR, 30 EUR for extra day

Y-TANDEM



- Rental of aluminum cyclocross bike (*Kona Jake*) or gravel bike including a **handlebar bag with map/smartphone holder** (*Ortlieb*) – 119 EUR/person, 19 EUR for extra day
- Rental of aluminum cyclocross bike (*Kona Jake*) or gravel bike including a **handlebar bag with map/smartphone holder** (*Ortlieb*) + equipped with a back rack and waterproof back pannier (20 litres, *Ortlieb*) – 149 EUR/person, 22 EUR for extra day



- Rental of light carbon gravel bike (*Silverback Siablo CF*) including a **handlebar bag with map/smartphone holder** (*Ortlieb*) – 179 EUR/person, 29 EUR for extra day
- Rental of light carbon gravel bike (*Silverback Siablo CF GRX*) including a **handlebar bag with map/smartphone holder** (*Ortlieb*) + equipped with a back rack and waterproof back pannier for luggage up to 15 kg (20 litres, *Ortlieb*) – 199 EUR/person, 33 EUR for extra day

- Rental of bicycle trailer (Winther Dolphin) for 1-2 children from 6 months old – 89 EUR/trailer
- Rental of trailer-bike (tagalong) for children of 5-10 years old (suitable for bikes with no back rack) – 49 EUR/trailer
- Rental of child seat (up to 22 kg) with child helmet – 19 EUR per bicycle



- Rental of bicycle tachometer (*min. 4 functions*) and it's installation on the bicycle – 10 EUR per bicycle
- Rental of waterproof handlebar bag with map/smartphone holder (*Ortlieb*) or waterproof back pannier (20 litres, *Ortlieb*) – 15 EUR per bicycle
- Rental of helmet (size S, M, L, XL, XXL) – 8 EUR per person

C. MEALS

- 7 dinners package (3 courses with coffee/tea) in 3* hotels – 225 EUR per person (or 255 EUR per person in case of 3 overnights in Klaipėda are booked at 4* hotel instead of 3* hotel)

D. PRE/POST TOUR ACCOMMODATION IN KLAIPĖDA

Hotel in Klaipėda **OLD MILL HOTEL***** www.oldmillhotel.lt / **NATIONAL****** <http://nationalhotel.lt/>

SGL 89 EUR / 105 EUR per room per night, including breakfast

DBL 99 EUR / 115 EUR per room per night, including breakfast

E. GUIDE SERVICES

- English speaking local tour guide services for 5 days (Days 2-7 excluding a free day in Nida), including guide's hotel in Silutė, rental of trekking bike (extra charge for an e-bike for the e-bikers group), ferry across the Curonian Lagoon, tickets for public buses from/to Nida and local ferry in Klaipėda – 1495 EUR for a group of 1-10 people

OTHER RATES AND CONDITIONS:

- Tour price from 3 years old in extra bed in DBL room – 15% discount from the tour package price in DBL room
- For children up to 3 years old in parents' room without extra bed – no cost
- Minimum group size on fixed departure dates – 2 people, on any other dates May-September on request for the same Low season (01.05 - 15.06 & 27.08 - 30.09.2025) or High season (16.06 - 26.08.2025) rates:
 - with minimum 4 people when a scheduled boat across the Curonian Lagoon is available;
 - or with minimum 6 people when a charter boat across the Curonian Lagoon is booked.